## SUMMER LUNCH AT NORTON HOUSE HOTEL TUESDAY 15<sup>th</sup> JULY 2025 1.00.pm. FOR 1.30.pm

We are once again at our regular venue for our summer lunch. The cost of the lunch has now increased to £35 per person. However, the cost to members will be £17.50 per person. The normal rules apply as regards single members and guests. Single members may bring a guest at the same cost as members. Extra guests will be charged at the full cost of £35

## **STARTERS**

Soup of the day with Crusty Bread. (VG\*) (GF\*) Chicken & Prosciutto Terrine, Apricot Chutney. (GF\*) Mackerel Pate, Melba Toast, Rhubarb Chutney. (GF\*) Panzanella-Cherry Tomatoes, Red Onion, Mozzarella, Sourdough Croutons. (GF\*) (VG\*)

## **MAIN COURSE**

Roast Beef, Potato Fondant, Honey Parsnips, Seasonal Vegetables, Yorkshire Pudding, Beef Jus. (GF\*) Pan Fried Hake, Sweet Potato Fondant, Seasonal vegetables, Roasted Pepper Velouté'. (GF) Chicken Supreme, Potato & Spring Onion Cake, Seasonal Vegetables, Sweetcorn Fricassee. (GF) Summer Vegetable Risotto, Hazelnut Pesto. (VG\*) (GF)

## DESSERTS

Vanilla Pannacotta, Strawberry & Basil Compote, Strawberry Gel. (GF) (VG\*) Lemon Parfait, Lemon Gel, Shortbread, Meringue Kisses. (GF\*) Home-made Chocolate & Salted Caramel Tart, Vanilla Ice Cream.

> Trio of Ice Cream. (GF) Trio of Sorbet. (GF) (VG) Selection of Welsh Cheeses with Biscuits and Chutney.

Followed by Tea and Coffee V= Vegetarian. VG= Vegan. GF = Gluten Free. ON REQUEST. GF\*= Can be made Gluten Free. VG\*= Can be made Vegan

> Please identify each person's choice of menu and any food allergies and intolerances.

Early confirmation of attendance would be welcomed with payment at a later date this allows for reservation of extra dining space if required Please send your orders by mail, e-mail or text to; Gerry Coad. Home. 01792202538 Mobile. 07974021720 email. gerard.coad@btinternet.com

"Gerry is usually at our monthly coffee mornings if you wish to book then"

 Cheques should be made payable to 'NARPO Swansea Branch' and sent to: -Mr. G Coad, 214 Derwen Fawr Road, Sketty, Swansea SA2 8EA.
Online payment direct to the NARPO Swansea Branch bank account Lloyds Bank: Sort code 30-93-53 Account no.02053168.
Please inform Gerry if you do pay by bank transfer so Gerry can cross-reference.

The Norton House Hotel is located at Norton Rd, Mumbles, Swansea SA3 5TQ."